

What is Mi Gente?

Mi Gente is one of the first PrEP awareness campaigns focused on the Latinx community in Indiana.

Our Mission

Increase knowledge of HIV prevention resources

Our Vision

is for the Latinx community in Indiana to have proper knowledge and understanding of HIV and HIV prevention, while giving them the focus equality and support they need.

About Shalom

Shalom Health Care Center offers quality medical care at low cost for you and your family. We have two medical clinics where you can get your adult and pediatric care including preventive, chronic, acute, behavioral healthcare.



For more information
visit us at
(317) 291-7422

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#MiGentePrEP





Prepare
Protect
Prevent
HIV



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What is HIV?

HIV (Human immunodeficiency virus) is a virus that can cause AIDS (Acquired Immuno deficiency Syndrome). There is still no cure for HIV or for AIDS, but there are treatments that allow people infected with the virus to live longer healthier lives.

What is PrEP?

PrEP is simply a medication that helps you prevent HIV. PrEP is a daily pill that requires medical follow-up appointments and regular laboratory test as part of the treatment.



HIV Testing

The only way to know if you have HIV is by getting tested. You could be infected and feel healthy. You can get tested for HIV at a doctor's office, in a clinic or health center.



Counseling

If you want more information on how to prevent this infection, ask us by phone, email or come to one of our clinics where you can get an HIV test for free and we can give you advice.



PrEP Navigation

From testing to prevention and treatment, we are here to increase your understanding and access to PrEP. We will make sure you get your prescription in a timely manner.



Outreach

We will be throughout the community conducting free HIV testing, distribution of condoms and HIV education.

How do you get HIV?

HIV is spread through bodily fluids, such as blood, semen (sperm), vaginal fluids, and breast milk. HIV is spread from one person to another by:

- Having sex (vaginal, anal, or oral) without a condom or dental dam with a person infected with HIV
- Sharing needles with a person infected with HIV
- Transmission to fetus or baby during pregnancy, childbirth or breast feeding if the mother is infected
- Receiving a transfusion of HIV – infected blood



Ask us
about
PrEP

If you are positive we will help you through your Continuum of care. Your journey starts here with the steps or stages that people with HIV go through from diagnosis to achieving and maintaining viral suppression (a very low or undetectable amount of HIV in the body). The steps are:

- Diagnosis of HIV infection
- Linkage to HIV medical care
- Receipt of HIV medical care
- Retention in medical care
- Achievement and maintenance of viral suppression